

**Australian College of Mental Health Nurses Conference
Conference Program 2011**

Tuesday 4th October 2011 - Workshops

7.00am	Registration – Level 1 Ballroom Gallery
8.00 - 10.30am	Workshop 1 Hinterland Room Nick Bowles Work Strain as a Model for Organisational Change
10.30 - 11.00am	Morning Tea – Only available to Nick Bowles Workshop Attendees
11:00 - 12:30pm	Nick Bowles continued
12:30 - 1:30pm	Lunch and Trade Displays
1:30 - 3:00pm	Workshop 2 Hinterland Room Halima Goss Wellness - a transformative approach through the CARING model
3:00 - 3:30pm	Afternoon Tea and Trade Displays
3:30 – 4.30pm	Halima Goss continued
5.30 – 6.30pm	Investiture & Oration - Marriott Ballroom
6.30 – 7.30pm	Welcome Reception – Ballroom/Garden Terrace Gallery

7.00am	Registration – Level 1 Ballroom Gallery
12:30 - 1:30pm	Lunch & Trade Displays
1:30pm- 3:00pm	Workshop 3 Verandah Room Gerry Mullan Clinical Supervision to the Rescue!
3:00- 3:30pm	Afternoon Tea and Trade Displays
3:30- 4.30pm	Gerry Mullan continued
5.30 – 6.30pm	Investiture & Oration - Marriott Ballroom
6.30 – 7.30pm	Welcome Reception – Ballroom/Garden Terrace Gallery

7.00am	Registration – Level 1 Ballroom Gallery
10:00 – 12:30pm	Workshop Waiambah Room Rufus May Trauma, Psychosis and Recovery: Innovations for Clinical Practice
12:30 - 1:30pm	Lunch and Trade Displays
1:30- 3:00pm	Rufus May continued
3:00- 3:30pm	Afternoon Tea and Trade Displays
3:30- 4.30pm	Rufus May continued
5.30 – 6.30pm	Investiture & Oration - Marriott Ballroom
6.30 – 7.30pm	Welcome Reception – Ballroom/Garden Terrace Gallery

Tuesday 4th October 2011 – Research Symposium

7.00am	Registration – Level 1 Ballroom Gallery
9.00 – 9.15am	Elston Room Research Symposium Introduction – Kim Foster
9.15 – 10.00am	Grant Blashki - Ass/Prof Nossal Institute for Global Health & honorary lecturer at the Institute of Psychiatry, Kings College London Primary mental health research: Lessons and anecdotes for the nursing profession
10.00 – 10.30am	Karen Heslop Improving falls risk assessment in older adult mental health patients at one health service in Western Australia
10.30 – 11.00am	Morning Tea and Trade Displays
11.00 – 11.30am	Terence McCann Randomised controlled trial of a CBT self-help manual for depression: Implications for knowledge translation
11.30 – 12.00pm	Yun-Hee Jeon Moving beyond the creation of new knowledge to the translation of knowledge – What does it mean for qualitative research?
12.00 – 12.30pm	Panel Discussion
12.30 – 1.30pm	Lunch and Trade Displays
1.30 – 2.00pm	Tim Wand Using middle range theories to transform evaluation data into transferable lessons
2.00 – 2.30pm	Diane Wynaden Translating research outcomes that improve equity of health outcomes for Aboriginal people
2.30 – 3.00pm	Denise Blanchard Asymmetrical relationships: Questions and evidence
3.00 – 3.30pm	Afternoon Tea and Trade Displays
3.30 – 4.00pm	Catherine Hungerford Pushing the Boundaries: From practice to research
4.00pm	Panel Discussion
4.30pm	Closing Comments
5.30 – 6.30pm	Investiture & Oration - Marriott Ballroom
6.30 – 7.30pm	Welcome Reception – Ballroom/Garden Terrace Gallery

Wednesday 5th October 2011

7.40 - 8.40am	Registration – Level 1 Ballroom Gallery			
8.40 – 8.55am	Marriott Ballroom Opening Entertainment			
8.55 – 9.10am	Official Opening of Conference			
9.10 - 9.50am	Rufus May - Clinical Psychologist, Bradford District Care Trust's assertive outreach team and Honorary Research Fellow with the centre for community citizenship and mental health at University of Bradford Teaching people to live with their voices			
9.50 - 10.30am	Jane Burns - Executive Director to the CEO of The Cooperative Research Centre for Young People, Technology and Wellbeing (YAW-CRC) Using Technologies to Improve the Mental Health of Young People			
10.30 - 11.00am	Morning Tea – Book Launch "Mental Health Nursing - Dimensions of Paraxis"			
Each session includes 5 -10min Q&A	Supporting the Workforce Waianbah Room Chair:	Scope of Practice Elston Room Chair:	Education Hinterland Room Chair:	Person Centred Care Verandah Room Chair:
11.00 – 11.30am	Staying afloat between the flags in rural and remote community mental health teams informed by Action Research Eileen Petrie*	Not drowning, waving: The importance of articulating identity, expertise and advanced practice in Australian mental health nursing Tom Ryan*	Mental health nursing education: swimming or drowning? Brenda Happell*	Treat the person not the labelled illness Philip Warelow* Karen-leigh Edward* Julie Hercelinskyj*
11.30 – 12.00pm	About clinical governance – Everything rises and falls with leadership Sharon Sherwood* Rosemary Charleston	Padding at the waters edge: or do we dive in the surf?! Ian Munro*	Turning the tide: Promoting nursing student mental health and wellbeing for academic success Teresa Stone Dianne Kirby* Teresa Dluzewska	Reframing risk in mental health practice: Safe to, safe with, safe from Kim Moreland*
12.00 – 12.30pm	Providing nurse sensitive support in a new regulatory environment Glenn Taylor* Natalie Spencer	Psychological therapies: Inside or outside the flags? Jacklin Fisher*	Marketing mental health nursing on Australian schools of nursing websites - Is mental health nursing positioned 'Between the Flags?' Denise McGarry* Andrew Cashin Catherine Fowler	MyVOICE –Shared decision making in a psychiatric setting Mark Powell*
12.30 – 1.30pm	Lunch and Trade Displays			
Each session includes 5 -10min Q&A	Supporting the Workforce Waianbah Room Chair:	Scope of Practice Elston Room Chair:	Education Hinterland Room Chair:	Person Centred Care Verandah Room Chair:
1.30 - 2.00pm	Releasing time to care: A bottom up approach Amanda Pithouse*	Shifting sands: Professional identity and the role of the mental health nurse Gylo Hercelinskyj*	Crossing the great „divide“: comprehensive health assessment for generalist and mental health registered nurses Kim Foster*	The language of risk: Are clinicians between the flags or caught in a rip? Leonie Clancy* Brenda Happell Lorna Moxham

2.00 - 2.30pm	Enhancing understanding of nursing workloads in mental health community settings Wendy Hoey* Brenda Happell Debra Nizette	SHADES (Self Help Anxiety & Depression Education Sessions) A Cognitive Behaviour Therapy Group delivered by the Barwon Health GP Mental Health Nurse Incentive Program Gerrie Earley* Vernon Kaurah	Saving lives: Learning how to spot a rip Jakqui Barnfield* Chris Pavlou*	Are mental health nurses acting as lifeguards in preparing a safe beach for mental health consumers? Sini Jacob* Ian Munro Anthony O'Brien
2.30 - 3.00pm	Swimming along-side: Mentoring New Graduate Nurses Working in Mental Health Services Michael Hazelton* Rachel Rossiter Elen Sinclair	The work of child and adolescent mental health nurses in an inpatient unit Philippa Rasmussen* Eimear Muir-Cochrane Ann Henderson	Flagging the 'VG Site' for a dip by MH depot medication! Raelene Costello* Keith Wolf	Listen to understand not to respond: Strategies for promoting treatment adherence Cathy Boyle*
3.00 – 3.30pm	Afternoon Tea and Trade Displays			
Each session includes 5 -10min Q&A	Physical & Mental Wellbeing Waianbah Room Chair:	Issues in Clinical Practice Elston Room Chair:	Education Hinterland Room Chair:	Working with vulnerable people Verandah Room Chair:
3.30 - 4.00pm	Addressing physical health issues of consumers with mental illness: Knowledge, skills, attitude and confidence of mental health clinicians in perform Rosie Cantley-Smith* Bindu Joseph*	Lost at sea; not seeing the flags for the waves. Why the impact of trauma needs to be placed central and not as an 'aside' to mental health care and why services need to be trauma informed Christine McCabe* Toni Ashmore	Teaching Risk Assessment in a Virtual World Deb O'Kane* Eimear Muir-Cochrane Pat Barkway	The flags are there so you don't hit your head on the edge of the pool: Child and Adolescent Mental Health nursing engagement with young people who have a diagnosis of autism Marie Hanson*
4.00 – 4.30pm	Research goals, research support needs and factors affecting participation in research by Mental Health Consultation Liaison Nurses (MHCLNs) Rose McMaster* Kerrie Cooper*	Who is holding the flags?: A team based approach to assessment and risk management Cheryl Green*	Staying between the flags. Students experience of swimming in the waters of mental health Gylo Hercelinskyj*	Reaching Home - Tackling Homelessness in Newcastle. Changing the way we deliver service Elke Neilsen* Alison Haigh
4.30 – 5.00pm	What is Known About the Physical Health and Wellbeing of Emerging Adults with Mental Illness? Kim Foster* Andrea McCloughen Cynthia Delgado	Caring for clients after suicide attempt Kay McCauley* Jakqui Barnfield*	Revitalising mental health in undergraduate nursing curricula: swimming between the flags to avoid the sharks Brenda Happell* Lorna Moxham*	Recovery -Whose Sea are We Swimming In? Peter Walsh* Michelle Murphy
Free Evening				

Thursday 6th October 2011

7.30 – 8.00am	Registration – Level 1 Ballroom Gallery			
8.00 – 10.00am	AGM Breakfast and Members Forum – Garden Terrace			
10.00 – 10.40am	Marriott Ballroom Sandy Jeffs - has lived with schizophrenia and all its moods for over thirty years. She is a community educator who speaks to schools, universities and community groups and received an Australian Human Rights Commission commendation for her book Flying with Paper Wings Schizophrenia: a madwoman's reflections on living with madness			
10.40 – 11.10am	Morning Tea and Trade Displays			
Each session includes 5 -10min Q&A	Physical & Mental Wellbeing Waianbah Room Chair:	Issues in Clinical Practice Elston Room Chair:	Perinatal Mental Health Hinterland Room Chair:	Working with vulnerable people Verandah Room Chair:
11.10 – 11.40pm	Beyond the flags: mental health nursing and physical health care Brenda Happell* David Scott Chris Platania-Phung	Care Zoning: Managing Clinical Risk Between the Flags in an Intensive Psychiatric Care Unit Antony Mullen* Vincent Drinkwater*	Drowning not Waving! Identifying Stress and Trauma during Pregnancy and the Early Years - Lifesavers in Adult Mental Health Settings Margaret O'Sullivan*	Not Drowning, Waving: Addressing the needs of rough sleepers. The „Street to Home“ program Tracey Young*
11.40 – 12.10pm	Effective early detection and management of the physically deteriorating patient in a mental health setting using an Early Warning Score (EWS) Natalie Warman *	Sexually speaking: The ins and outs of talking about sex with consumers Chris Quinn*	Assessment of suicidality in perinatal women by midwives and maternal child health nurses Kay McCauley* Jakqui Barnfield* Louise O'Brien	Mental health nursing in a HIV ocean Michael Smith*
12.10 – 12.40pm	The rolling waves of physical health, and swimming outside the flags with an NGO Julie Millard* Sue Willis*	Impact of illness awareness groups on beliefs about illness and the relationship between illness beliefs and treatment adherence Mark Wilbourn* Douglas MacInnes	Advanced practice in primary health care-Mental health nursing from the perspective of a specialist rural perinatal clinic Fiona Little* Anne Galloway	Integrating theoretical concepts to practice for intervening with systems and children impacted on by trauma Matt Dilges*
12.40 – 1.10pm	Results of a randomised control trial to test the effectiveness of a nurse led intervention on weight gain for people with serious mental illness Tanya Park* Kim Usher Kim Foster	Building bridges between community & clinical mental health services: partnership between Inner South Community Health service & The Alfred hospital Damien Connor* Xanthi Roiniotis*	Between the flags, but beyond the breakers: addressing perinatal mental health in calmer, deeper water Paul McNamara*	Learning to swim between your own flags: Assisting young people with a disability to make ethical judgements and develop healthy sexuality Shannon Asa*
1.10 – 2.10pm	Lunch and Trade Displays			
2.10 – 2.50pm	Marriott Ballroom Debra Nizette - Mental Health Nursing Advisor, Office of the Chief Nursing Officer, Queensland Health Watching the tides - mental health nursing and specialisation			
2.50 – 3.20pm	Qld Health Keynote			
3.20 – 3.50pm	Afternoon Tea and Trade Displays			
3.50 - 4.30pm	Dianne Wynaden - Mental Health Professor at the School of Nursing and Midwifery, Curtin University of Technology Staying between the flags or moving into open water: What is the future for mental health nursing?			

7.00 – 7.30pm	Pre Dinner Drinks – Ballroom/Garden Terrace Gallery
7.30pm	Partnership in Wellbeing Awards Dinner - Marriott Ballroom

Friday 7th October 2011

8.15 – 9.15am	Registration – Level 1 Ballroom Gallery			
9.15 – 10.00am	Marriott Ballroom Nick Bowles - Associate Lecturer in Mental Health Nursing at Institute of Technology, Tralee, Registered Mental Health Nurse, Academic, Clinician, Manager, Trainer and Researcher Refocusing as a model for practice development in Acute Services: My attempt to move the flags			
10.00 – 10.30am	Morning Tea and Trade Displays			
Each session includes 5 -10min Q&A	Physical & Mental Wellbeing Waianbah Room Chair:	Issues in Clinical Practice Elston Room Chair:	Reflecting on Practice Hinterland Room Chair:	Working with vulnerable people Verandah Room Chair:
10.30 – 11.00am	Mental health in the ED: the tide is changing, time to swim between the flags Donna Marynowski-Traczyk*	No more medication...I'd have to fake it if you make me take it Chris Quinn*	In shark infested waters it is best to swim between the flags. But let's not be so dramatic! After all they do sound a siren, don't they? Adele Morrison* Ian Munro	Working with people who kill Derith Harris*
11.00 – 11.30am	Impact and Outcomes of the Mental Health Emergency Care Learning and Development Program (2008-2010) Tracy Robinson* Danny Hills Kerrie Brown	Quitting Cannabis 1-6 Etty Matalon* Ursula Perry	Buoyancy, occasional bailing and skilful navigation: Getting serious and strategic about clinical supervision in mental health nursing Tom Ryan*	The perceived impact on mental health outcomes of an exercise program for patients at the State Forensic Mental Health Services in WA Lesley Barr* Dianne Wynaden Michael O'Kane
11.30 – 12.00pm	The Management of Clinical Aggression-Rapid Emergency Department Intervention "MOCA-REDI". An evaluation of the impact and outcomes Cathy Daniel* Marie Gertz Vickie Dearie Roshani Prematunga	The use of Intramuscular (IM) or Ventrogluteal (VG) depot injections: Mental Health Nursing Practice Raelene Costello* Lorna Moxham Marc Broadbent	Wounding Healing: Understanding the process of dealing with trauma and death in the helping professions Richard Lakeman*	That's not my job! Well... Whose job is it to place the flags in caring for people who have a history of offending and who are mentally disordered? Claire Hartog* John Sharples
12.00 – 12.30pm	Psychiatric Assessment And Planning Unit (PAPU) - Improved Patient Outcomes, Improved Key Performance Indicators (KPIs) or Both? Daphne Lyle* James Houghton*	PRN Use of medications and its documentation in psychiatric inpatient wards, opportunity for change? Kimberley Clapp*	Development of the Nursing relationship Scale: a measure of interpersonal approaches in nursing care Tan Kan Ku*	Same-same, but different- Mental health Nurse Practitioners in NSW Correctional Centres Chris Muller*
12.30 – 1.30pm	Lunch and Trade Displays			

Each session includes 5 -10min Q&A	Physical & Mental Wellbeing Waianbah Room Chair:	Issues in Clinical Practice Elston Room Chair:	Reflecting on Practice Hinterland Room Chair:	Working with Vulnerable people Verandah Room Chair:
1.30 – 2.00pm	Spinal cord injury and mental health – self reflection Andrew Butwell*	Deep Brain Stimulation - A Psychiatric Nursing challenge Lisa Stokes* Helen Pither*	Absconding: The inpatient psychiatric unit as both a „safe“ and an „unsafe“ place Eimear Muir-Cochrane* Candice Oster Jessica Grotto Adam Gerace	LGBT and „M“ for Mad: Still in the big „C“ for closet Trish Kench*
2.00 – 2.30pm	Physical Health Assessment Scale (PHAS) for Mental Health Consumers Zara Mills*	Roles: Findings from a qualitative study on MHNs delivering talk based therapies John Hurley*	Changing landscapes: A partnership between mental health nurses and PACFA - The Psychotherapy and Counselling Federation of Australia Inc. Catherine Hungerford*	"Well being or being well" who for and why - The development of an indigenous mental health program, using creative art therapy and mental health nursing, at Worawa Aboriginal College Craig Maloney* Gerry Katz
2.30 – 3.00pm	Afternoon Tea and Trade Displays			
3.00 – 3.30pm	Official Close of Conference			

***Presenters**